

## STUDIO USAGE – COVID SECURE POLICY

- class booking is essential (safe numbers)
- ensure that you have swiped in (track and trace)
- do not move any equipment (social distance)
- stay within your allocated exercise area (social distance)
- wipe down all equipment after use (hygiene)
- do not bring a sweat towel into the gym (hygiene)
- don't arrive too early! (social distance)
- do not come to the Centre if you have Covid-19 symptoms (common sense!)